




# JULY 2010 ~ Goldenrod



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Clermont Park 2479 South Clermont St. Denver, CO 80222 720-758-3682</p> 	<p><b>Happy Birthday</b> July 28 - Carol Anne P.</p> 			<p><b>1</b></p> <p>9:00 Daily News  9:30 Chair Exercise 10:30 Mind your Mind <b>2:00 Live Entertainment with Stuart Simon at the piano</b> 3:00 Root Beer Floats/Trivia 4:00 Hand Massage &amp; Music</p>	<p><b>2</b></p> <p><b>9:00 Service Project (Mail cards to sick children)</b> 9:30 Armchair Aerobics 10:30 Word Game 2:00 Let's Putt 3:00 Computer Time 4:00 Snoezelen 6:00 Movie</p>	<p><b>3</b></p> <p>9:00 Morning Stretch 10:00 Volunteer Coffee 2:00 Craft Time 3:30 Bingo 6:00 Lawrence Welk CH 6</p>
<p><b>4 4th of July</b></p> <p>9:00 Inspiration Time 9:30 Brain Qwest 10:00 Sit and Be Fit 2:00 Cooking Together 3:00 Computer Games  6:00 Hallmark - 62</p>	<p><b>5</b></p> <p>9:00 Historical Profile 9:30 Chair Exercise 10:00 Choir Practice 2:00 Bingo 3:00 Dog Races 4:00 Golden Girls Ch 62</p>	<p><b>6</b></p> <p>9:00 News and Views 9:30 Armchair Aerobics 10:00 Bible Study 2:00 Dart Ball 3:00 Computer Time 4:00 Scattergories</p> 	<p><b>7</b></p> <p>9:00 Armchair Travel 9:30 Sit and Be Fit 10:30 Mind Aerobics 2:00 Chapel with Mike 3:00 Sundaes &amp; Trivia 4:00 Karaoke sing along</p>	<p><b>8 Toenail Clinic</b></p> <p>9:00 Daily News  9:30 Chair Exercise 10:30 Mind your Mind <b>2:00 Trip to Marie Callendar's for pie &amp; Ice Cream</b> 2:00 Word Search 3:00 Root Beer Floats/Trivia 4:00 Hand Massage &amp; Music</p>	<p><b>9</b></p> <p><b>9:00 Service Project (Mail cards to sick children)</b> 9:30 Armchair Aerobics 10:30 Word Game &amp; Jokes 2:00 Let's Putt 3:00 Computer Time 4:00 Snoezelen 6:00 Movie</p>	<p><b>10</b></p> <p>9:00 Morning Stretch 10:00 Volunteer Coffee 2:00 Craft Time 3:30 Bingo 6:00 Lawrence Welk CH 6</p> 
<p><b>11</b></p> <p>9:00 Inspiration Time 9:30 Brain Qwest 10:00 Sit and Be Fit 2:00 Cooking Together 3:00 Computer Games 6:00 Hallmark Channel -62</p>	<p><b>12</b></p> <p>9:00 Historical Profile 9:30 Chair Exercise 10:00 Choir Practice 2:00 Bingo 3:00 Computer Time 4:00 Hand Massage &amp; Music 4:30 Golden Girls—Ch 62</p>	<p><b>13</b></p> <p>9:00 Daily News 9:30 Armchair Aerobics 10:00 Bible Study 2:00 Dart Ball 3:00 Memories in the Making <b>3:30 Toys for God's Kids-NH</b> 4:00 Scattergories</p>	<p><b>14</b></p> <p>9:00 Armchair Travel 9:30 Sit and Be Fit 10:30 Mind Aerobics 10:30 Manicures 2:00 Chapel with Mike 3:00 Sundaes and Trivia 4:00 Dart Ball</p> 	<p><b>15</b></p> <p>9:00 Daily News 9:30 Exercise 9:30 Room Visits 10:30 Mind your Mind <b>1:00 Imax Theater Jane Goodall's Chimps</b> 3:00 Root Beer Floats/Trivia 4:00 Hand Massage &amp; Music</p>	<p><b>16</b></p> <p><b>9:00 Service Project (Mail cards to sick children)</b> 9:30 Armchair Aerobics 10:30 Word Game &amp; Jokes <b>2:00 Live Entertainment Larry O'Connor at the piano</b> 3:00 Computer Time 4:00 Snoezelen 6:00 Movie</p>	<p><b>17</b></p> <p>9:00 Morning Stretch 9:30 Manicures with Marcie (Primrose) 10:00 Volunteer Coffee  2:00 Craft Time 3:30 Bingo 6:00 Lawrence Welk CH 6</p>

Continued on Reverse Side...

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>18</b> 9:00 Inspiration Time 9:30 Brain Qwest 10:00 Sit and Be Fit 2:00 Cooking Together 3:00 Computer Games 6:00 Hallmark Ch-62	<b>19</b> 9:00 Historical Profile 9:30 Chair Exercise 10:00 Choir Practice 2:00 Bingo  3:00 Dog Races 4:00 Hand Massages/Music 4:30 Golden Girls Ch 62	<b>20</b> 9:00 Daily News 9:30 Armchair Aerobics 10:00 Bible Study 2:00 Musical fun w/ Phyllis 3:00 Computer Time 4:00 Scattergories	<b>21</b> 9:00 Armchair Travel 9:30 Sit and Be Fit 10:30 Mind Aerobics 2:00 Chapel with Mike <b>3:00 Cooking with Christina in the Bistro</b> 4:00 Karaoke sing along	<b>22 Toenail Clinic</b>  9:00 Daily News 9:30 Chair Exercise 10:00 Room Visits 10:30 Mind your Mind 2:00 Word Search <b>2:00 Scenic Drive</b> 3:00 Root Beer /Trivia 4:00 Hand Massage	<b>23</b> <b>9:00 Service Project (Mail cards to sick children)</b> 9:30 Armchair Aerobics 10:30 Word Game & Jokes 2:00 Let's Putt 3:00 Computer Time 4:00 Snoezelen 6:00 Movie	<b>24</b> 9:00 Morning Stretch 10:00 Volunteer Coffee 2:00 Craft Time 3:30 Bingo 6:00 Lawrence Welk CH 6 
<b>25</b> 9:00 Inspiration Time 9:30 Brain Qwest 10:00 Sit and Be Fit 2:00 Cooking Together 3:00 Computer Games 6:00 Hallmark Ch-62	<b>26</b> 9:00 Historical Profile 9:30 Chair Exercise  10:00 Choir Practice <b>11:30 Monthly B-Day Luncheon-Private D. Room</b> 2:00 Bingo 3:00 Memories in the Making 4:00 Hand Massage & Music 4:30 Golden Girls—Ch 62	<b>27</b> 9:00 Daily News 9:30 Armchair Aerobics 10:00 Bible Study 2:00 Dart Ball 3:00 Computer Time 4:00 Scattergories 	<b>28</b>  Happy BDay Carol Anne P. 9:00 Armchair Travel 9:30 Sit and Be Fit 10:30 Word Game 2:00 Dart Ball <b>2:15 Outing to Koelbel Library-Woodwinds</b> 3:00 Sundaes and Trivia 4:00 Dart Ball	<b>29</b> 9:00 Daily News 9:30 Chair Exercise <b>10:00 Chapel w/Mike</b> 2:00 Word Search <b>3:00 Live Entertainment with Don Garcia</b> 4:00 Hand Massage & Music	<b>30</b> <b>9:00 Service Project (Mail cards to sick children)</b> 9:30 Armchair Aerobics 10:30 Word Game & Jokes 2:00 Let's Putt 3:00 Computer Time 4:00 Snoezelen  6:00 Movie	<b>31</b> 9:00 Morning Stretch 9:30 Manicures with Marcie (Primrose) 10:00 Volunteer Coffee  2:00 Craft Time 3:30 Bingo 6:00 Lawrence Welk
<p><b><u>Mission Statement</u></b></p> <p><i>Christian Living Communities ministers to senior adults through a continuum of services and care that reflects Christian love, respect and compassion, and that enriches the quality and dignity of life for each individual.</i></p>	