



## CHRISTIAN LIVING COMMUNITIES

4751 East Costilla Avenue  
Centennial, Colorado 80122

### The Village Newsletter July 2010

#### From Tim's Desk:

Hello Residents, Family Members and Friends,

For the past few months, I've been sharing with you some of the things I've learned from my study of the Scriptures about the life of King David, and how we can apply them today. Recently, I came across an interesting turning point in David's life and realized what a picture that is of the life we have in Jesus.

In I Samuel 22, we see that David, who had been on the run from King Saul, had finally made his way to Judah, and was hiding out from Saul in a cave. You may recall that at this point, Saul had been rejected by God as King because of Saul's repeated arrogance and disobedience to God, and that David had been anointed King, but had not yet ascended to the throne.

So, David is hiding out in the cave, and word spreads that he is in Judah, and he starts to amass a vagabond army of volunteers. These were motley men who were described as being in debt and discontented; just the kind of army a new King would hope to avoid. Yet David became Captain over them. And in I Chronicles 12:8, we read that this motley crew became "mighty men of valor, men trained for battle, who could handle shield and spear, whose faces *were like* the faces of lions, and *were* as swift as gazelles on the mountains."

What a picture this is of the life we have in Jesus. We come to Him destitute and discontented, recognizing that He is the rightful King, and we choose to shift our alliance from the king of this world, to the King of kings. We are vagabonds, yet He becomes our Captain, and outfits us for the battle in service to His Kingdom. The battle is not easy. Jesus tells us in John 16:33, "In the world you will have tribulation; but be of good cheer, I have overcome the world."

In due time, David did ascend to the throne of Israel. He is still regarded as Israel's most accomplished leader and this army of vagabonds ultimately became the greatest army of Israel's fragmented history.

I believe the battles we face are about to become more intense, and I am grateful we have a Captain who is preparing us for battle, and who has already overcome the adversary. May it ever be that our alliance is firmly placed in the camp of this great Captain, for whom the victory has been eternally secured.

Blessings,

Executive Director  
Johnson Center Campus

#### New Residents & Employee

Welcome to the following new residents at The Village: Stanley Dial, Florence Peecher and Fred Moritz.

Welcome to our newest employee, Lisa Downey, Lifestyle Coordinator. Lisa's office is located on the 2<sup>nd</sup> Floor. Please stop by and welcome Lisa. Lisa will be at The Village on Tuesdays, Thursdays, and alternate Fridays.

#### 2010 Primary Election

The August 2010 Primary is fast approaching. If you are not already registered to vote in this all mail ballot election, please stop by the Life Enrichment Department to fill out the Colorado Voter Registration Form. All completed forms need to be returned by July 9<sup>th</sup> to the LE Dept. All eligible voters will receive a ballot in the mail beginning July 19, 2010.

Remember to watch Channel 22 on your television (Touchtown TV) to find out what's going on each day at The Village.

## Joe's Place

Joe's Place will be open on Saturday, July 3<sup>rd</sup> from 10:00 a.m.-noon. Check out the new items and enjoy a cup of coffee.

On Brunch Sunday, July 18<sup>th</sup> Joe's Place will be open from 11:00 a.m.-2:00 p.m.

## Resident Meetings

**Assisted Resident Meeting** is Tuesday, July 6<sup>th</sup> at 11:15 a.m. in the **Community Room**.

**Residential Living Meeting** is Tuesday, July 6<sup>th</sup> at 1:30 p.m. in the **Community Room**.

There will not be a July 4<sup>th</sup> Door Decorating Contest this year as stated last month. We encourage the residents to still hang their patriotic decorations out for July 4<sup>th</sup>.

The Village Resident Council has decided to purchase school supplies for Centennial Elementary this fall as a service project. This school has many children that could use our support in preparing for the start of a new school year. More details will follow in the August newsletter.

## Resident Service Office

Resident Services is delighted to welcome Nenu Alemayhu to The Village. Nenu will be available Monday-Friday to help residents with a variety of services including laundry, shopping, changing your sheets and medication reminders. Nenu is a certified nursing assistant who enjoys working with seniors and wants to help our residents remain independent as long as possible. For more information, including costs, please contact Glenda at \*2935 or Nenu \*2950 in the Resident Service Office on the 2<sup>nd</sup> Floor.

Low Vision Group will meet on Monday, July 12<sup>th</sup> at 10:45 a.m. in the Library.

Health Talk will meet on Monday, July 26th in the Community Room at 1:30 pm. Topic: Knowing the Importance of Hydration.

## Life Enrichment

Planned shopping trips are to the Wal-Mart, Dollar Store, TJ Maxx, Walgreen's and Kohl's.

Field Trips include: Garden Luncheon at Susan Zander's home, Tea Party at Holly Creek, Dinner at White Fence Farm, Tour and Lunch at Brook Forest Inn, McDonald Lunch at JC with Village Alumni. Movie outing, MFA Lunch outing and Scenic Ride.

Active Minds will be presenting "King Tut" this month. The LE Department will arrange for us to visit the Denver Art Museum in August to see the King Tut exhibit. The cost for the exhibit is \$18.00 for admission and \$5.00 for the headset. The walking tour lasts about 90 minutes.

On July 27<sup>th</sup> the Picnic will be an outdoor barbeque cooked by Brian Banks in Evergreen. A traditional picnic lunch will be served. The cost of the picnic lunch will be a meal charge. (That means no extra cost for lunch.) You must sign up for this outing as seating is limited.

The MFA Poker group that meets every Tuesday would like to extend an open invitation to any women who'd like to join in the fun. Each resident needs to bring their own nickels, dimes and quarters.

Please remember the time listed on the calendar is the **departure time** for the field trip from the Lobby. Please be punctual as we will leave the building at the stated departure time.

The LE Department has designated a bookshelf in Grand Central Station for games that can be used by the residents. Please return the games to the bookshelf when finished.

When using the Fitness Center equipment please be safe and remember to wear your pendant. This is for your safety. If you have not received training on the Fitness equipment, please contact a member of the Life Enrichment team to schedule an appointment.

## Scrapbooking Workshop

The Scrapbooking Club will be meeting on the second and fourth Thursday of each month from 1:00-3:30 pm in Grand Central Station. All are welcome to drop in and join the fun. We will schedule a trip to Hobby Lobby next week for those who need to purchase their supplies. Contact Ella Friesen with any questions.

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## Book Club

Next month we will read “The Divide” by Nicholas Evans. Our meeting will be Thursday, July 22<sup>nd</sup> at 10:30 a.m. in the Library. Eloise Hammond will lead the discussion. Please join us!

Books are available in the Life Enrichment Office. Please return your large print book to the Life Enrichment office when you have finished so the next person can borrow the book. Thank you!

## Outreach Mobile Library

The Koebel Library is expanding their resource services. In order to insure that the residents still receive books by their favorite authors or the best selling books, you will have 2 options. The first option is to bring a list of what books you’d like to read to Teresa at the Concierge’s desk. The other option is to learn how to order your books online. The Life Enrichment Department will provide assistance with reserving books online.

## Your Health

New season brings new faces! The Johnson Center Campus welcomes new Occupational Therapists Julia Janssen and Schevaun Hegarty, and new Physical Therapist Assistant Sara Butzin. This means we are growing, which happens because more of you, the residents, are tapping into the value of therapy services to improve your physical and functional health for enhanced quality of life as you enjoy all facets of life on The Johnson Center Campus. June marked the rollout of monthly ‘Health Talks’ and we plan to provide these for residents at all campus locations on a regular basis. We would love resident input for upcoming topics! If you have a health/mobility-related topic that you would like addressed in a future talk, please communicate this to your Life Enrichment associates, and they will forward hot topics to us. Happy Summer!

## Evening Assistance

If you need to contact a CNA/nurse in the evening, please call the Concierge Desk at 303-741-5555  
**For EMERGENCIES, please press your pendant.**

## Dining Services

July 1<sup>st</sup> Cooking Demonstration-DR  
July 4<sup>th</sup> BBQ Buffet (Instead of Sunday Brunch)  
July 13<sup>th</sup> Birthday Dinner  
July 22<sup>nd</sup> Gourmet Dinner  
July 29<sup>th</sup> Buffet lunch–Regular hours  
July 29<sup>th</sup> Boxed Evening Meal Dinner-Dining Room is closed.  
July 30<sup>th</sup> Happy Hour-Patio by Gazebo  
4:00-6:00 pm.  
Please sign up any guest attending the Sunday Brunch at the Concierge Desk.

## Resident Recipes Featured in Village Dining Room

Saturday, June 26 will mark the commencement of our new resident recipe program. Twice a month we will feature a special of the day that will be prepared using a favorite resident recipe. The special this Saturday will be Doris Wieringa’s Pork Chop Apple Dish which features pork chops with apples and onions all baked with her secret sauce. I hope you are all looking forward to trying this dish as much as I am.

I believe this program will be a great success as we will be featuring dishes that our own residents enjoyed throughout their lives. Hopefully they will share the stories behind the creation of these recipes and also some stories of their family gatherings at the dinner table as they shared in these wonderful dishes.

As you hear me say all the time, we are here for you and truly want to do our best to give you the best possible dining experience that we can. Keep the suggestions coming and we will do our best to honor as many as we can.

Live, Love, Dine  
Brian Banks

## Transportation

The Transportation Office has relocated to the back hallway by the Administration offices. Transportation appointments can be made by contacting Jim McMillan at 720-974-2905. Please schedule your appointments in advance.

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## Guest Services at The Village

The Village staff would like to remind you that a convenient guest room is available for family members for \$75.00 per night, double occupancy and includes breakfast. Please contact Teresa Bame, Concierge, at 303-741-5555 to make reservations.



## Upcoming Chaplain Department Events

All residents are encouraged to attend any or all events...

**Catholic Rosary Service**  
Every Monday 4:00 p.m.  
Location: 3<sup>rd</sup> Floor Alcove

**Catholic Mass** will be held on Thursday, July 1<sup>st</sup> at 10:45 a.m. in the Community Room.

**Sunday Morning Worship Services**  
10:30 a.m. Community Room

July 4<sup>th</sup> – Chaplain Mike Van Eps  
July 11<sup>th</sup> - Chaplain Wanji Mukunga  
July 18<sup>th</sup> - **True Freedom** Chaplain Kathy Bird  
DeYoung Text: Galatians 2:15-21  
(Communion)  
July 25<sup>th</sup> - Chaplain Jim Kok

**Wednesday Chapel**  
3:30 p.m. Community Room

July 7<sup>th</sup> - Adopted Ephesians 1:3-14  
July 14<sup>th</sup> – Choose the Better Part  
Luke 10:38-42  
July 21<sup>st</sup> -Guest Preacher  
July 28<sup>th</sup> –Inner strength  
Ephesians 3:14-21

**Bible Study**  
Mondays 9:30 a.m. Third Floor Alcove

In July, we are continuing to study the Gospel of Luke.

**News and Faith Face to Face**  
10:30 a.m. in the Library

This is a discussion of current events from a faith perspective.

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Wed. July 7<sup>th</sup>  
Gulf of Mexico: Oil Spew-Rate Estimates Raised Again. Deadly Flow Continues

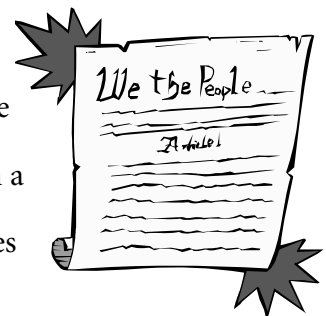
Wed. July 21<sup>st</sup>  
Deprived of a Perfect Game Detroit Tigers Pitcher Displays Grace

**Stephen Ministers Meeting:** fourth Wednesday of each month. First meeting will be on Wed. July 28<sup>th</sup> 10:30-11:30 in the Chaplain's Office.

## Kathy's Kommunique

Free Indeed!

This month we celebrate July 4<sup>th</sup>. We are blessed to live in a land where we have the right to express ourselves openly.



However, we often overlook that many came to our country not only seeking political freedom, but also, seeking religious freedom. In the 1700's and 1800's, many European governments explicitly supported specific churches. These governments would even supply tax money to finance these churches.

Those who worshiped in the non-state supported churches experienced harsh persecution for worshiping the way they felt led by God. As hard as it is to believe, many were thrown in jail and even killed for their beliefs. Puritans, Baptists, Congregationalists, Mennonites and many others, fled Europe for religious freedom.

Those who fled their homelands, made their homes in our country. They came to the United States to have the opportunity to worship freely, with no government support of one religion over another.

Several years ago I lived in a foreign country in which a church/state alliance existed. The government did not legally recognize weddings solemnized in any Christian church outside of the one supported by the government. Therefore, a couple married in a non-state supported church

also had to have an additional civil ceremony in order to have their marriage recognized by the state.

Jesus invited people into relationship with Him. He never forced or coerced faith. In Matthew chapter 10, Jesus sent out the disciples in groups of two to spread the good news. He instructed them, that if they encountered a town that was resistant to the message of Good News, they were to shake the dust off their feet and move onto the next town.

Any type of imposed religious expression is not sincere worship. Sincere worship arises from within the person.

We are blessed to live in a land of religious freedom and a land that offers separation of government from formal religion expression.

This month let us celebrate the political and religious freedom we enjoy on a daily basis!



Blessings,

*Kathy Bird DeYoung*

Rev. Kathy Bird DeYoung, Chaplain

## **Volunteer Corner**

Volunteers are an important and integral part of our community supporting residents in many activities and becoming involved behind the scenes.

Throughout The Village and The Johnson Center volunteers participate interacting with residents almost on a daily basis in a variety of life enriching activities. Our community is extremely fortunate and very blessed with your generous spirit and we thank you for making a remarkable difference in this community.

Christian Living Communities' strength is our dedication to serving our residents with great care and being ever mindful of the safety and healthy wellbeing of each resident. Volunteers make great contributions to this effort and to continue to do so we are requesting that our volunteers participate in getting their Tuberculosis (TB) screening updated. Many volunteers have not had an update in several

years. Revised state regulations require volunteers just like staff to have a yearly TB screening. With the goal of adhering to state regulations a letter regarding TB updates will be mailed out shortly. Please be looking for this letter as it will contain important instructions on when and how to set-up your time to receive your TB screening. Your cooperation in getting this important screening accomplished is truly appreciated and it protects everyone. We sincerely thank you.

## **Resident Families**

If you interested in the monthly happenings at The Village go to the CLC webpage: [www.ChristianLivingCommunities.org](http://www.ChristianLivingCommunities.org). Click on Communities, and then click on The Village. All the monthly activities and newsletters are listed for your review.

## **The Village/Johnson Center Campus Turns Heads (and wheels) Biking To Work**

CLC participated this year in Denver's Bike to Work Day which was on June 23, 2010. Among the CLC communities, JC/VL had the largest response from staff! We had 9 staff members who cycled over 78 miles round trip! Our cyclists were Tim Rogers, David Strain, Josie Price, Theresa Wharton, Alina Muresan, Ginny Davie, Gina Oatley (evening/night shift) Gregg Young our Infinity Rehab Director and Kathy Bird DeYoung. Ginny Davie did a wonderful job organizing our prizes/surprises for our bike to work crowd. Some of our group already bike to work a few days each week and some of our cyclists talked about starting a regular bike to work schedule. Let's keep the wheels turning!

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