

Volunteer Voice

Enriching the lives of seniors.



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CHRISTIAN LIVING COMMUNITIES

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7000 East Bellevue Avenue, Suite 250
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CHRISTIAN LIVING COMMUNITIES

Enriching the lives of seniors.



New Volunteer Opportunities Abound for the New Year at The Johnson Center

As we ring in the New Year 2009 with anticipation and planning there are several volunteer opportunities to mention.

Resident Outings Volunteer: Drive residents on scenic rides or to lunch outings.

Office Staff: Help with filing and other clerical duties 2-3 hours per week.

Resident Welcoming Committee: Lead this committee and help develop a ministry of hospitality for new residents.

Assistant Gift Shop Managers at Joe's Place: Support Susan Zander.

Johnson Center Gift Shop Volunteers: Support and cover shop hours

Monthly Bingo Callers: Get to know our dear residents and support our Johnson Center Life Enrichment Department

Reading Program Participants: Support and enrich the lives of residents with visual impairment

Volunteer Advisory Committee: Become involved in a very special stewardship. The Volunteer Advisory Committee meets once a month and participates in a couple of fundraising efforts each year to provide special funding for the Wish List which directly benefits residents at both The Johnson Center and The Village.

Volunteer Drivers for Snow Emergencies: Pick up critical personnel who do not have access to 4-wheel drive vehicles.

If you or someone you know would be interested in these volunteer opportunities please contact Jeanette

Preston, Volunteer Coordinator for The Johnson Center and The Village at 720-974-3519.

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 . If you have a volunteer story
 . you'd like to see highlighted in
 . a future issue of the *Volunteer*
 . *Voice*, or are interested in
 . volunteer opportunities, please
 . e-mail us: Jeanette Preston
 . (Johnson Center) —
 . jpreston@clcmail.org,
 . Kitty Dobbs (Holly Creek) —
 . kdobbs@clcmail.org or
 . Mary Ann Schrader (Clermont
 . Park) —
 . mschrader@clcmail.org.

For more information about CLC, please visit us online at www.christianlivingcommunities.org or call 720-974-3555.

News from the Corporate Office

Please welcome Tim Rogers as the new Executive Director of The Village. Tim has been with The Village since late 2008, but has already made a wonderful difference in our community with his gifted stewardship and genuine care for our residents. If you have not already met Tim please take a moment to introduce yourselves and welcome him. Tim and his wife, Stacey, have been married for 19 years. They have two sons, ages 12 and 9, with whom they both enjoy spending as much time with as possible. Tim also enjoys bicycling and annually rides in support of Multiple Sclerosis research in the Colorado MS-150. He is active in his church, and finds great pleasure in encouraging other men in their roles as husbands and fathers.

Welcome, Tim!



Holly Creek Volunteer Spotlight

Every Wednesday night you will see a large group of people in our library attentively listening to Glenda Mueller as she reads historical fiction stories. She has been doing this for three years. At the present time, she is reading *Elizabeth I* by Jean Plaity. Glenda often does research on the historical period that the book covers in order to provide more information about the setting in history. She is a very popular reader and has a very committed group of followers. In



addition, she is the chair of the Holly Creek Volunteer Advisory Board. Glenda was born and raised in London and spent a few years in Ireland before moving to the United States with her husband. Her mother is still living in Ireland and is in a retirement home there. Since she is unable to be with her mother on a regular basis, she wants to give to seniors right in the city in which she lives. Glenda is employed at Sun Rise Retirement community in activities. Thank you, Glenda! ☺

10 Great Reasons to Volunteer in 2009

- YOU can make a difference
- Explore new areas of interest
- Enrich your life and those you serve
- Inspire others
- Pass along wisdom
- Show your compassion
- Make new friends
- Add meaning to your day
- Put your skills to work
- Volunteer as a family and teach your children the joy of giving.

Holly Creek

Start the New Year Off Right By: Volunteering to Get Fit!!!

Warning: Volunteering can be good for your health! When you shift the focus from yourself to someone else, you gain a fresh, new perspective. And when volunteerism involves walking, bending or any kind of activity, you get a fitness boost as well.

At Holly Creek there are many volunteer opportunities for you to explore. Some of our present needs for your consideration are:
Piano Accompanist: Play for devotions on Thursday mornings in the Suites once a month.

Writing Thank You Notes: Help the Life Enrichment Director in the Suites with thank you notes as needed.

Receptionist Assistant: Fill in for receptionist at the Concierge Desk for lunch breaks once a week.

Gift Shop Clerk: Assist customers in Molly's and run the cash register. This opportunity is once a week.

Hand Bell Director: Help residents in the Suites play songs with color coded hand bells.

Distribution of Guide Posts in the Suites: flexible times

Suites Field Trip Assistant: Accompany residents and staff of the Suites on field trips.

Bake: Bake for care packages to be given to families that have lost loved ones at Holly Creek.

Please contact Kitty Dobbs, Volunteer Specialist, 720-266-5616, for further information about these opportunities. ☺

Missing Volunteer Specialist!

Oh Where, Oh Where has Holly Creek's Volunteer Specialist gone?

Kitty Dobbs, Volunteer Specialist, moved to our new Suites at Holly Creek when it opened. Come visit Kitty by taking the elevator to the second floor of the Suites. Take the first left you can take at the Alpine sign, then follow the hallway and make two right turns. As you make the second right turn you will see the door of the Life Enrichment office on your right.

It is in this office that you will find Kitty Dobbs, Mickey Hamilton, Life Enrichment Director, and Alison Draayer, Life Enrichment Associate. We have all kinds of fun activities going on in the Suites, which provides many new opportunities to volunteer. Just a few of the many opportunities are listed in this newsletter. Call (5616) or come visit Kitty to get more information on these volunteer opportunities.

Clermont Park

Volunteer Openings at Clermont Park

Windmill Boutique Gift Shop Assistant: Interact with people of all ages, assist customers with purchase selections and have the chance to sharpen your retail skills. Contact Mary Ham, The Windmill Boutique Manager, at 303-756-3919 for more information.

Clermont Park Trip Companion: Accompany our Life Enrichment Director, Sandi Mellema, on a variety of fun group outings. Assist residents at local museums, on shopping trips, to delightful concerts and out to popular restaurants. Contact Mary Ann Schrader, Volunteer Coordinator at 720-974-3907 for more exciting details.

Volunteer Spotlight

Adult Day Services Calvary



Baptist Church

In 2006, while browsing through a Volunteer Guide, Suzanne Strear noticed an

opportunity posted for an Art Facilitator for our Memories in the Making program. CLC was hoping to find an individual who could use their creative talents and skills to help people with Alzheimer's disease communicate their feelings through art. Suzanne was a perfect fit! Art has been Suzanne's foremost interest her entire life. When she learned that training would be provided through the Alzheimer's Association, she was intrigued. She feels very fortunate to have been given the opportunity

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Calendar of Events



January 2009

Jan. 27 — The Village Volunteer Council Meeting — 1:00 p.m.

February 2009

Feb. 12 — Holly Creek Volunteer Advisory Meeting — 11:30 a.m.

March 2009

March 3 — CLC sponsored Bonfils Blood Drive 1:00-2:40 p.m. & 4:00-6:30 pm — Third Church

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for new insight and empathy for seniors while sharing her talents. She has actively participated in the excitement of the Memories in the Making annual art auctions. When Adult Day hosted an exhibit, Suzanne helped to select, mat and frame art pieces.

She begins her class with a reassuring message that everyone is here to enjoy themselves. One of her goals is to help individuals recall the beauty of ordinary and familiar items, such as common household items, past hobbies or flower gardens. Suzanne offers respect and dignity to each of our participants with her gracious gift of helping others to remember that beauty is found in the things that we remember and cherish. ☺

The Johnson Center & The Village

The Johnson Center was blessed in November to have the Arapahoe High School Chorolettes and Orchestra perform for our residents and staff. The performance was organized and produced by two Arapahoe High School Link Crew members Tiffany Frieson and Jessica Mooney. The Chorolettes, dressed in formal attire, sang popular and classical show tunes which showcased their talented voices. In addition, members of the Arapahoe High School orchestra performed several beautiful classical pieces for our residents and staff members. It was an evening to remember. The Johnson Center staff would like to thank and convey our sincere appreciation for Tiffany Frieson and Jessica Mooney efforts as well as all the gifted performers who came to entertain and enrich the lives of our residents.

Volunteer Christmas Open House

Volunteer and staff members of both The Village and Johnson Center gathered at The Village for the first annual Christmas Volunteer Appreciation Open House. Everyone enjoyed a wonderful assortment of delicious Christmas desserts and spiced cider while in the background, gift pianist Stuart Simon played a host of favorite Christmas carols on the baby grand piano. We humbly thank all of our dedicated volunteers for their stewardship and service throughout 2008.



Bitter Sweet Changes for Joe's Place

Tim Rogers, Executive Director of The Village, announced in December the sad news that Jim and Hazel Black would be concluding their management of Joe's Place at the end of 2008. Jim and Hazel Black have been volunteering their time and talents to Joe's Place at The Village since 1996. Jim also became involved with the Volunteer Advisory Committee supporting the fundraising efforts for the Wish List fund, which directly benefits our residents. They will be dearly missed, although Hazel assured us we would still see them now and then and she plans to be involved with Joe's Place as time allows. Christian Living Communities staff and residents alike deeply appreciate Jim and Hazel's stewardship and enormous volunteer contributions to our community. We wish them the very best in the New Year.

With the advent of the New Year, we are pleased to announce that Joe's Place will have a new manager Susan Zander, daughter of Velma Koinzan, current resident at The Village. Susan comes to us with a heart for serving seniors having previously been involved at her church as the Director of Adult Education and the Director of church dinners and social activities.

Susan has a master's degree in education having taught home economics, elementary, high school and adult education courses. Please take a moment to stop by say "Hello," introduce yourselves, and welcome Susan.

Christian Living Communities is truly blessed and very fortunate to have discovered such a gifted individual in our midst. Welcome Susan!